

# Melaleuca Essential Oil

~ anti-inflammatory and antibacterial properties, purifies the skin, reducing appearance of blemishes, natural fungicidal, deodorises and disinfects ~

## Hand Sanitiser Spray

- 2 oz spray bottle
- 5 drops carrier oil
- 2 TBSP - 99% isopropyl alcohol or 190 proof Everclear
- 5 drops Melaleuca EO
- 5 drops Lavender EO
- 5 drops Lemon EO

## Foot Soak

- bucket of warm water
- 3 drops Melaleuca EO
- 1 drop Peppermint EO
- 1 drop Lavender EO
- ½ oz carrier oil

## Clarity Diffuser Blend

- 3 drops Melaleuca EO
  - 2 drops Lavender EO
  - 2 drops Love Vanilla
- Synergy Blend

Dilution is a MUST before applying directly to the skin. Using a 10mL roller bottle first put in essential oils then fill-up remaining with carrier oil. Cut recipe in half if using a smaller bottle. Check before using on children as some oils can't be used on children under 10 years of age.

## Face Serum

- dropper bottle
- carrier oil
- 12 drops Lavender EO
- 8 drops Melaleuca EO
- 8 drops Frankincense EO
- 3 drops Rose EO



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