

Diffusers Recipes for Your Homeschool

Wake Up

6 drops Peppermint
2 drops Bergamot
2 drops Lime

Energise

2 drops Orange
2 drops Lemon
2 drops Peppermint

Immunity Strength

3 drops Germ Fighter
1 drop Deodorizing

Positive Thinking

1 drop Myrrh
1 drop Eucalyptus
1 drop Lime

Stress Less

5 drops Worry Free
2 drops Lemon
2 drops Copaiba

Sweet Dreams

3 drops Cedarwood
3 drops Lavender
1 drop Vetiver

Peace & Calm

2 drops Ylang Ylang
2 drops Sandalwood
1 drop Grapefruit

Focus

1 drop Peppermint
2 drops Rosemary
2 drops Lemon

Concentrate

3 drops Frankincense
3 drops Lavender

Time to Study

1 drop Lime
1 drop Lemon
1 drop Orange
1 drop Grapefruit
1 drop Bergamot

Healthy Home

4 drops Germ Fighter
2 drops Lemon

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